

## **Resources on Grief**

**ABCs of Healthy Grieving** - Smith, Harold Ivan (Ave Maria Press, 2007)

**A Light in the Window** - Gallagher, Paula

**Abide Keeping Vigil with the Word of God** - Wiederkehr, Macrina (Liturgical Press, 2011)

An excellent book of reflections, prayers, journaling and on the Word of God.

**Companion Through the Darkness, Inner Dialogues on Grief**  
Ericsson, Stephanie

**Finding Your Way after Your Spouse Dies** - Felber, Marta  
(Ave Maria Press, Inc, 2000)

**Gentle Keeping** - O'Brien, Mauryeen (Ave Maria Press, Inc, 2008)

**Grieving, A Beginner's Guide** - McCormack, Jerusha Hull  
(Paraclette Press, 2007)

**How Will I Get Through the Holidays?** - Miller, James E  
(Willowgreen Publishing, 1996) Twelve ideas for those whose loved-one has died.

**Healing After Loss, a Daily Journal** - Hickman, Martha Whitmore  
(Peter Pauper Press, Inc, 2012)

**Life to the Limits, From Everyday Loss to New Possibilities** - Parent, Remi (Liguori Press, 1998)

**Now That You Have Gone Home** - Hutchison, Joyce & Rupp, Joyce  
(Ave Maria Press, Inc, 2009)

**On Death & Dying** - Kubler-Ross, Elizabeth (Scribner, 1969)

**Peace** - RBC Ministries (Discovery House Publishers)

**Praying our Goodbyes** - Rupp, Joyce (Ave Maria Press, Inc, 2009)  
A spiritual companion offering a variety of prayers and reflections to aid in the healing process.

**Preparing for Eternity** - Champlin, Joseph M

**Remembering a Love A Widow's Inside Journey** - Dunbar, Margaret Palczynski (Pentland Press, Inc, 2000)  
Discusses a woman's passage through the phases of mourning to self-healing.

**What Will Help Me/How Can I Help** - Miller, James E

**When Will I Stop Hurting?** - Kolf, June Cerza (Baker Books, 2001)

**When Your Spouse Dies** - Curry, Cathleen L

**May I Walk You Home?** - Hutchison, Joyce & Rupp, Joyce (Ave Maria Press, Inc 2009)

**Grieving at Christmas: A Family Guide** - Dillon, Valerie (CareNotes)

**Getting Through the Holidays When You've Lost a Loved One** - Sims, Darcie D (CareNotes)

**Helping the Bereaved Celebrate the Holidays** - Miller, James E.  
**What Will Help Me?**

**How Can I Help?** - Miller, James E.

**Your First Christmas After a Loved One Dies** - Katafiasz , Karen  
(CareNotes)

**How Christmas Memories Can Bring Healing to Your Grief** -  
Katafiasz , Karen (CareNotes)

**Losing a Loved One Near the Holidays** - McGrath, Tom (CareNotes)

**Six Tips for Coping with Grief at Christmas** - Auer, Jim (CareNotes)

**Facing Chronic Illness with Faith & Hope** – Rev. Daniel H.  
Grossoehme, B.C.C. (CareNotes)

**May I Walk You Home? Courage & Comfort for Caregivers & the  
Very Ill** - Hutchinson, Joyce & Rupp, Joyce (CareNotes)

**When the Trees Say Nothing** - Merton, Thomas

**The Great Work Our Way Into the Future** - Berry, Thomas

**Finding Your Way Series**

**After Your Parent Dies** - Gilbert, Robert (Ave Maria Press, Inc, 1999)

**After Your Spouse Dies** - Felber, Marta (Ave Maria Press, Inc, 2000)

**To Say Goodbye, Comfort for the Dying & Those Who Cares for  
Them** - Smith, Harold Ivan (Ave Maria Press, Inc, 2002)

**Book 1: The Pain of Grief** - Doug Manning, 2002

**Book 2: The Reality of Grief** - Doug Manning, 2002

**Book 3: The Dimensions of Grief** - Doug Manning, 2002

**Book4: The Journey of Grief** - Doug Manning, 2002

**A Grief Observed**, Lewis, C. S.

**GriefQuest** - Miller, Robert J.

**Grieving the Death of a Friend** - Smith, Harold Ivan

**Grieving: Our Path Back to Peace** - White, James R.

**Heaven's Not a Crying Place** - O'Connor, Joey

**How to Go on Living When Someone You Love Dies** - Rando,  
Therese

**Nobody's Child Anymore** - Bartocci, Barbara

**Tracks of a Fellow Struggler** - Claypool, John

**What's So Amazing about Grace?** - Yancey, Philip

**Now & at the Hour of Our Death**

Important Information regarding medical treatment, finances, death,  
funeral